

Including active play into everyday moments can be super easy (and SUPER FUN!). These two activities are some of our favorite Actively Active learning experiences.

## Counting Counts



- 1. Set up the line.**  
Using sidewalk chalk, create a number line on your driveway or sidewalk where you child can easily hop or run between the numbers zero and ten.
- 2. Identify the numbers.**  
Have your child to walk the line, counting each number aloud as he moves.
- 3. Find the number.**  
Next, have your child stand at the beginning or end of the number line. Call out a number and ask him to run to that number and shout out the number when he lands on it.
- 4. Hand-eye coordination bonus round!**  
Another fun way to use the number line is to give your child beanbags to toss to numbers as you call them out.
- 5. Make cleanup a game!**  
When it's time to clean up, give your child a water-filled spray bottle to spray each digit away as you call out the number.



### What you will need:

- Sidewalk chalk
- Paved driveway or sidewalk
- Optional: Beanbags
- Optional: Water-filled spray bottle

### Example for Beanbag Play:

You say, "Find the number four," and your child should toss a beanbag to the number four.

## Letter Line-Up



- 1. Set up the line.**  
Similar to the **Counting Counts** activity above, use sidewalk chalk to make an alphabet line on your driveway.
- 2. Identify the letter.**  
Have your child to walk the line, saying each letter aloud as she moves.
- 3. Find the letter.**  
Next, have your child stand at the beginning or end of the letter line. Call out a letter and ask her to hop to that letter and shout out the letter when she lands on it.
- 4. Make cleanup a game!**  
When it's time to clean up, give your child a water-filled spray bottle to spray each letter away as you call it out.

### Letter Line-Up Tip:

To make it easier for your child to learn, either use all uppercase ("A, B, C..."), all lowercase ("a, b, c..."), or pair both upper- and lowercase letters together ("Aa, Bb, Cc...").



#### Level Up:

- **Counting Counts:** Add more numbers.
- If more than one child is playing, turn it into a race or competition.
- Scramble the letters/ numbers.



#### Level Down:

- **Counting Counts:** Start with fewer numbers (e.g. 1-5).
- **Letter Line-Up:** Work on one section of the alphabet at a time (e.g. start with "A"- "E" then "F"- "J" the next time).