

Ignite STEAM Lessons in the Summer with Hatch Early Learning

Enjoy this fun activity and foster continuous learning during the summer months. Designed to encourage curiosity and hands-on experimentation, these lessons are offered for families and caregivers to facilitate with children at home.



FIVE SENSES WALK

Goal: To help children explore their five senses: sight, smell, taste, touch, and hearing

Materials: A safe space to explore nature outside (a neighborhood, park, etc.) and a fruit or vegetable for your child to taste (apple slices, carrots, etc.)

Overview: Walking outside is a great opportunity to help children explore their five senses: sight, smell, taste, touch, and hearing. When children explore nature using their senses, they are practicing skills for physical science and earth science. During this activity, you will take a walk with your child and encourage them to explore the world around them using their senses. Because tasting unknown things in nature may not be safe, we recommend bringing a fruit or vegetable on your walk so your child can safely explore their sense of taste.

Directions:

1. Tell your child that you are going on a walk to explore the world using your senses. Ask your child if they know what their five senses are. Talk through each of the five senses with your child (we see things with our eyes, we smell things with our noses, we taste things with our tongues, we touch things with our hands and bodies, and we hear things with our ears).
2. As you are walking, ask your child to explore the things around them using their senses. You can say, "What is something you see with your eyes? Tell me about what it looks like." Or you could say, "Listen carefully with your ears. What do you hear?"
3. Encourage your child to explore their sense of taste using the snack you brought along. You can ask them about the texture of the food (Is it soft, crunchy, etc.?), the temperature of the food (Is it hot, cold, or cool?), and how the food tastes (Is it sweet, salty, etc.?).
4. When your walk is complete, talk with your child about all the things they experienced using their senses on your walk.